



Hana has to be at work this afternoon. Before she leaves she has to:

- Help her dad put on his prosthetic legs and get dressed
- Translate for her mom at a doctor appointment
- Finish her assignment for college
- All of the above

There are almost 500,000 family caregivers in Ontario between the ages of 15 and 24*



January 25, 2018 is Young Carers Awareness Day. Want to learn more? Visit ontariocaregivercoalition.ca and powerhouseproject.ca

The **Ontario Caregiver Coalition (OCC)** is dedicated to recognizing the importance of unpaid caregivers in Ontario by raising awareness of the value they add to the health care system, and by advocating for improved, fair access to needed supports. The **Young Carers Initiative (YCI)** is a non-profit agency with a mission to promote the wellbeing of Young Carers, their families and their community partners. Powerhouse Project is an inter-agency strategy developed by YCI that has established two centres to meet the needs of Young Carers and their families. They support Young Carers in the Niagara and Haldimand-Norfolk Regions.

*Stamatopolous (2015) and Statistics Canada (2006).