



Young Carers Awareness Day: Sample Social Media Posts

Use some of these sample social media posts to spread the word about Young Carers Awareness Day, or create your own! Remember to use the hashtag #YCAD to join the conversation online (Twitter) on January 25th, 2018.

Graphics you can attach to your posts are also available- please reference awareness posters on our website.

The Ontario Caregiver Coalition & the Young Carers Initiative declare Jan. 25th as Young Carers Awareness Day #YCAD

Join us in declaring Jan 25th as Young Carers Awareness Day #YCAD

There are almost 500 000 young carers in Ontario between 15 and 24 #YCAD

Young carers often provide an average of 14 hours of care per week #YCAD

Help us bring awareness by joining the conversation & declaring Jan 25 Young Carers Awareness Day #YCAD